



*“This is the best stuff I’ve learned in acupuncture since I met Bill Craig twenty years ago. I use it every day for most of my pain patients, and usually combine it with PENS or energetic circuits. You should take the time now to get this straightforward technique under control, because you’ll find it valuable for many patient problems.”*

Joe Helms

## Chinese Scalp Acupuncture Workshop

Chinese scalp acupuncture (CSA) is a modern technique combining Chinese acupuncture needling with western biomedical understanding of the anatomy, physiology, and pathology of the cerebral cortex. It can be used effectively to manage neurological problems that are not satisfactorily responsive to needling body or auricular patterns alone, and can produce convincing responses quickly with only biweekly treatments, even in old and difficult problems.

CSA can be used as a solo treatment or combined with neuroanatomical or energetic body treatments for motor and sensory problems, or with auricular acupuncture. Dr. Hao emphasizes the clinical application of CSA in managing musculoskeletal pain, headaches, vertigo, stroke, and traumatic brain injury. He will demonstrate the treatment protocols for multiple sclerosis and Parkinsonism.

This weekend workshop introduces CSA to you through didactic material, demonstration of techniques, and clinical experience for participants. The didactic material covers the anatomy and physiology of the brain and the scalp, and the location and indications of scalp acupuncture points. Demonstration and hands-on segments cover needling technique and stimulation of needles on your classmates. Dr. Hao evaluates and treats outside patients each day.

## Who Should Attend

Graduates of the HMI basic training program who have solid experience in clinical acupuncture, whether in general medical applications, pain management, or rehabilitation medicine, who want to augment their clinical skills to address common and difficult neurological problems. This program will enhance the acupuncture repertory of every conscientious physician, and is well suited to the psychiatric and pain management acupuncturist.

## Goal

As a participant in this continuing medical education activity you will appreciate the history, theory, and research of CSA, understand appropriate clinical applications for this acupuncture discipline as well as contraindications to its use, and you will be

able to design and execute treatments for the problems mentioned above. You will be well prepared to incorporate this technique in your clinical practice upon completion of the workshop.

## Faculty

Dr. Jason Jishun Hao received his medical training at the Heilongjiang University of Traditional Chinese Medicine in a program that offered both Chinese and western medicine courses. He has been practicing and teaching acupuncture since 1982, and has participated in research in China and the United States using acupuncture for headaches, stroke, and multiple sclerosis. He is on the board of directors of Southwest Acupuncture College, and is also well-known for his calligraphy and watercolor painting.

## CME Sponsor

The Accreditation Council for Continuing Medical Education accredits the Helms Medical Institute to sponsor continuing medical education for physicians.

## Accreditation

Helms Medical Institute designates the workshop activity for *a maximum of 20 AMA PRA Category I Credits*. Physicians should claim only those hours of credit that they actually spend in the education activity.

## Video Preparation

You are required to watch two hours of video material and review printed handouts prior to arriving at the workshop. The video material covers the basic anatomy of the Chinese scalp acupuncture zones. Viewing it in advance will allow you to quickly grasp the system and make good use of class time to practice the technique and understand Dr. Hao’s treatments on outside patients.

## Tuition and Fees

\$650 tuition if payment is received 30 days prior to the event for which you are registering. (\$700 after 26 March for the Pittsburgh course, and after 24 April for the Tempe course.)

## Refunds

Helms Medical Institute reserves the right to cancel the course and to change the dates of venue, in which event you may receive a full refund. A minimum service charge of \$50 is withheld from all other refunds. Refund requests must be in writing and postmarked one week prior to the advanced workshop weekend, after which time there is no refund.

DISCLOSURE: As mandated by the ACCME, all faculty participating in continuing medical education activities sponsored by the Helms Medical Institute are required to disclose to the audience any real or apparent conflict of interest related to the content of their presentation, as well as any discussions of the use of unapproved/unlabelled drugs or devices. HMI faculty also have formally agreed to announce the level of evidence upon which any clinically directed instruction is based. The names of faculty members declaring a potential conflict of interest will be shown in the syllabus.